



Dr. Ho's tingly little thingie

Slap the two sticky gel patches attached to electrodes on pertinent parts of the body and Michael Ho's little white plastic battery-operated electronic gizmo goes to — oh! ooh! — work. Officially — ooops! — known as Dr. Ho's Muscle Therapy, the contraption doesn't so much — yikes! — massage as tingle, but deeply, and makes muscles twitch involuntarily. Especially when you — ooops! — turn it up high. Zapping yourself with an electric current takes some courage initially but can be quite fun and soothing. An accompanying video shows how to use it for muscle tension from head to toe. Explanations may be in order when you're doing Dr. Ho while talking on the phone. The price of the device: \$161.91 with tax. Call Dr. Ho at (905) 471-4735 or e-mail dr.ho@home.com.