

Unlocking true-love potential

If you've ever been lost, then you've learned to appreciate the value of a good road sign.

Combine that with a clear path free of obstruction and you've got yourself a successful journey. When it comes to love, however, it seems the signs are never clear enough, and the obstacles increase with each passing season.

For those of us willing to stop and ask for directions, help is available in the form of Collin Rosati, Master Hypnotist and creator of the guided meditation series entitled *Romantic Magic*.

Rosati, a certified NLP counsellor based in Toronto and member of the National Guild of Hypnotists, claims to help reveal the path to true love by removing the mental road blocks buried in our subconscious minds.

Since most people in a love search focus their energies externally and ig-

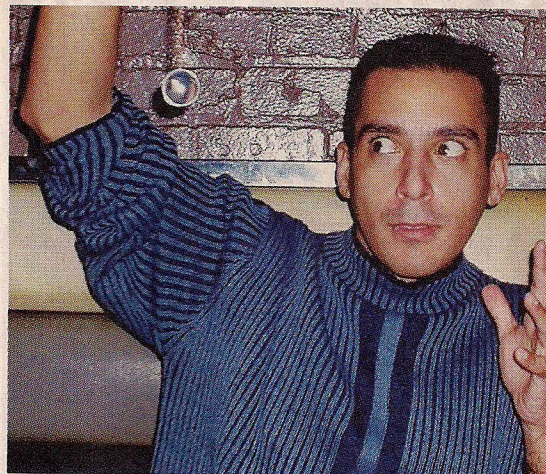
nore themselves completely, it may be surprising to find that *Romantic Magic* has very little to do with the other person, and everything to do with identifying your dreams and recognizing the universe's attempts to make them come true.

According to Rosati, once your mind, body and soul have been aligned and your wish is articulated it is only a matter of time until the magic begins and you attract the person of your dreams. However, he is quick to point out that his job is to simply open people up to the possibility of love — and remove any limitations they have in their subconscious.

"Love does not equal a relationship," he explains. "In order to have a relationship, that love has to be reciprocated."

Sounds pretty straightforward. So why is it so difficult for people to find love?

"Half the time people



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don't know what they're dreaming about," Rosati, 33, explains.

He says we often make the mistake of listening to the judgments of those around us and internalizing their lowered expectations of us. In this way we come to the conclusion that we are too picky, or undeserving of what we desire, creating mental

"stumbling blocks" that prevent us from attaining love. The good news is, everyone deserves it, according to the happily married hypnotist.

To learn more about "Romantic Magic," make your way to the Omega Centre in Yorkville on Sunday February 13, 2005 for the Valentine's workshop.

- Stacey Mantziaris, for 24 hours